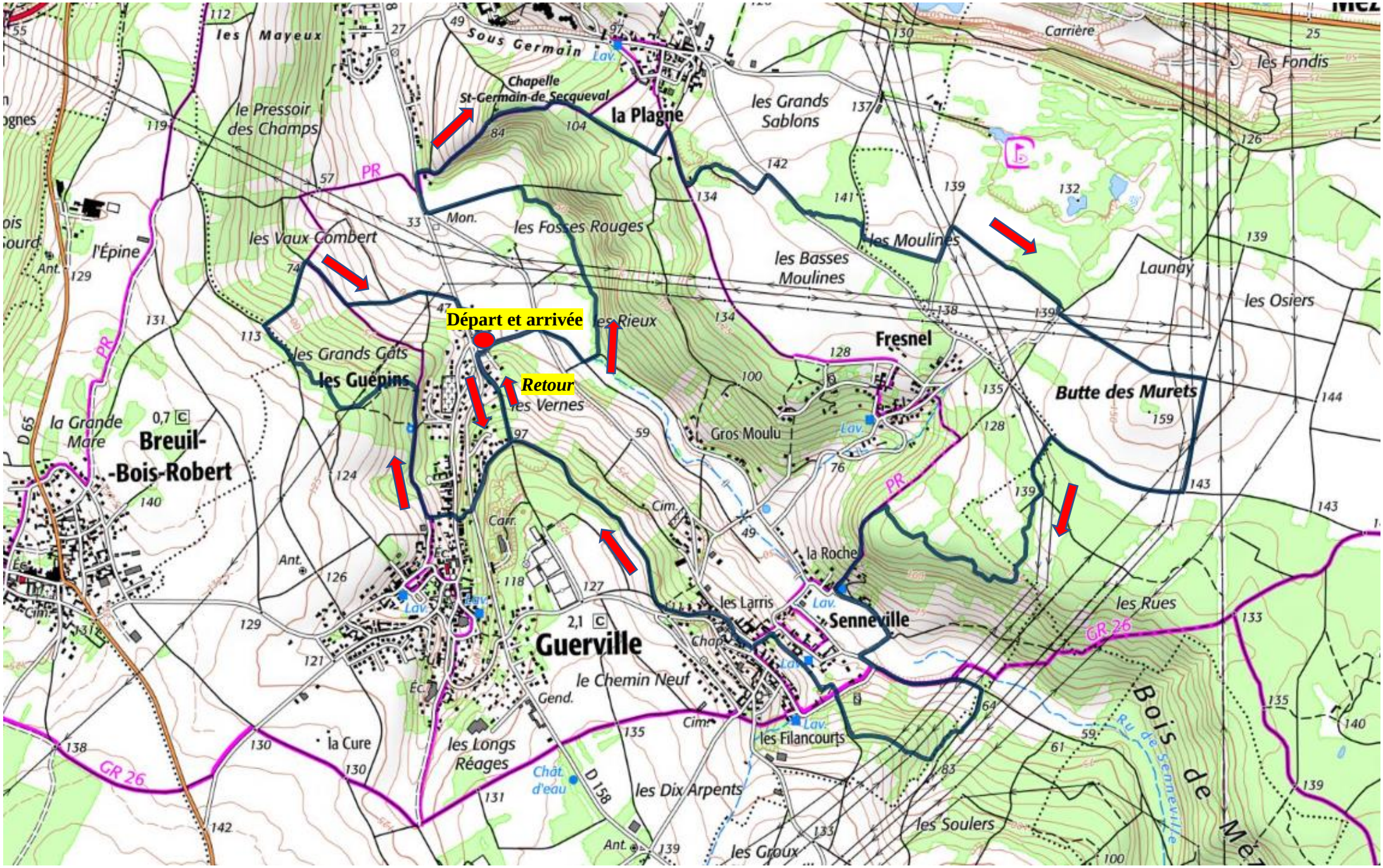**Parcours du 14kms trail et marche nordique**